

5 Day Sample Menu - Braeside Education Centre 2024

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	Breakfast Served at 8:00am	Breakfast Served at 8:00am	Breakfast Served at 8:00am	Breakfast Served at 8:00am
	Pain au Chocolat Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Fruit Juice	Freshly Baked Croissant Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Fruit Juice	Bagels Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Fruit Juice	Waffles Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Fruit Juice
	Lunch	Lunch	Lunch	Lunch
	Packed Lunch Sandwich, Fruit, Crisps, Cherry Tomatoes, Raisins, & Biscuit Bar	Packed Lunch Sandwich, Fruit, Crisps, Cherry Tomatoes, Raisins, & Biscuit Bar	Packed Lunch Sandwich, Fruit, Crisps, Cherry Tomatoes, Raisins, & Biscuit Bar	Packed Lunch Sandwich, Fruit, Crisps, Cherry Tomatoes, Raisins, & Biscuit Bar
Dinner Served at 5:30pm	Dinner Served at 5:30pm	Dinner Served at 5:30pm	Dinner Served at 5:30pm	
Fish & Chips served with peas & baked beans. Salad Bar including Jacket Potatoes with various fillings Ice Cream Fresh Fruit & Yoghurts	Pasta Night Penne pasta served with tomato and basil sauce, cheese sauce, grated cheese, garlic bread and crispy fried onions. Salad Bar including Jacket Potatoes with various fillings Muffins Fresh Fruit & Yoghurts	Sausages served with mashed potato, peas & gravy. Salad Bar including Jacket Potatoes with various fillings Strawberry Cheesecake Fresh Fruit & Yoghurts	Margherita Pitta Pizza served with potato wedges and sweetcorn. Salad Bar including Jacket Potatoes with various fillings Sugar Ring Doughnuts Fresh Fruit & Yoghurts	

Disclaimer - Please note that this is a sample menu - Braeside reserves the right to change the menu options at any point without prior announcement.

Nut allergies - Braeside is a nut-free site. Whilst none of our ingredients contain nuts, we do use some ingredients that state that they 'may contain nuts', due to the factory in which they are produced in. Please make us aware of any nut allergies you may have.

Gluten Free - A Gluten Free alternative to all meals can be provided, please make us aware of all dietary requirements at least 2 weeks before your visit. Whilst we take every precaution, gluten free alternatives are produced in the same kitchen as meals with gluten.

If you wish to book a cooked breakfast, on any or all mornings, please do let us know.

