

5 Day Sample Menu - Braeside Education Centre Summer 2023

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
	Breakfast Served at 8:00am	Breakfast Served at 8:00am	Breakfast Served at 8:00am	Breakfast Served at 8:00am
	Sausages, Bacon, Hash Brown, Egg, Baked Beans, Mushroom Toast & Spreads Cereal selection with Semi Skimmed Milk Tea, Coffee, Water, Orange & Apple juice	Sausages, Bacon, Hash Brown, Egg, Baked Beans, Mushroom Toast & Spreads Cereal selection with Semi Skimmed Milk Tea, Coffee, Water, Orange & Apple juice	Pain au Chocolat Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Orange juice	Freshly Baked Croissant Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Water & Orange juice
	Lunch	Lunch	Lunch	Lunch
	Packed Lunch	Packed Lunch	Packed Lunch	Packed Lunch
	Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, & Biscuit Bar	Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, & Biscuit Bar	Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, & Biscuit Bar	Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, & Biscuit Bar
Dinner Served at 5:30pm	Dinner Served at 5:30pm	Dinner Served at 5:30pm	Dinner Served at 5:30pm	
Sausages or Vegan Sausages served with mashed potato, peas, carrots and gravy. Salad Bar including Jacket Potatoes with various fillings Jelly and Cream Fresh Fruit & Yoghurts	Pasta Bolognese or Vegetable Bolognese & garlic bread Salad Bar including Jacket Potatoes with various fillings Ice cream Fresh Fruit & Yoghurts	Braeside Burger Night Beef Burgers, Cheeseburgers Vegetable Burgers served with chips & Baked Beans Salad Bar including Jacket Potatoes with various fillings Sugar Ring Doughnuts Fresh Fruit & Yoghurts	Chicken Korma Curry, Vegetable Curry served with long grain rice, mango chutney & naan bread Salad Bar including Jacket Potatoes with various fillings Mousse with Shortbread Fresh Fruit & Yoghurts	

Disclaimer - Please note that this is a sample menu - Braeside reserves the right to change the menu options at any point without prior announcement.

Nut allergies - Braeside is a nut-free site. Whilst none of our ingredients contain nuts, we do use some ingredients that state that they 'may contain nuts', due to the factory in which they are produced in. Please make us aware of any nut allergies you may have.

Gluten Free - A Gluten Free alternative to all meals can be provided, please make us aware of all dietary requirements at least 2 weeks before your visit. Whilst we take every precaution, gluten free alternatives are produced in the same kitchen as meals with gluten.

If you wish to book a cooked breakfast, on any or all mornings, please do let us know.



**Braeside Education
Centre**