

### *3 Day Sample Menu - Braeside Education Centre September 2022*

DAY 1	DAY 2	DAY 3
	<b>Breakfast</b> Served at 8:00am	<b>Breakfast</b> Served at 8:00am
	Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Hot Chocolate, Water & Orange juice	Freshly Baked Croissants Cereal selection with Semi Skimmed Milk Toast & Spreads Fresh Fruit Tea, Coffee, Hot Chocolate, Water & Orange juice
	<b>Lunch</b>	<b>Lunch</b>
	<b>Homemade Soup &amp; rolls available when onsite.</b> <b>Packed Lunch</b> Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, Carrot Sticks & Biscuit Bar Sandwich Fillings: Ham, Cheese, Tuna Mayo, Egg Mayo, Marmite, Salad, Jam, Plain Butter	<b>Packed Lunch</b> Sandwich, Fruit, Crisps, Cheese Cubes, Cherry Tomatoes, Raisins, Carrot Sticks & Biscuit Bar Sandwich Fillings: Ham, Cheese, Tuna Mayo, Egg Mayo, Marmite, Salad, Jam, Plain Butter
<b>Dinner</b> Served at 5:30pm	<b>Dinner</b> Served at 5:30pm	
Braeside Burger Night Beef Burgers Cheeseburgers Vegetables Burgers served with chips & baked beans Salad Bar including Jacket Potatoes with various fillings Apple Crumble with Custard Fresh Fruit Yoghurts	Macaroni Cheese served with pigs in blankets, vegetarian sausages, and garlic bread Salad Bar including Jacket Potatoes with various fillings Eton Mess Fresh Fruit Yoghurts	

**Disclaimer** - Please note that this is a sample menu - Braeside reserves the right to change the menu options at any point without prior announcement.

**Nut allergies** - Braeside is a nut-free site. Whilst none of our ingredients contain nuts, we do use some ingredients that state that they 'may contain nuts', due to the factory in which they are produced in. Please make us aware of any nut allergies you may have.

**Gluten Free** - A Gluten Free alternative to all meals can be provided, please make us aware of all dietary requirements at least 2 weeks before your visit. Whilst we take every precaution, gluten free alternatives are produced in the same kitchen as meals with gluten.

If you wish to book a cooked breakfast, on either or both mornings, please do let us know.



**Braeside Education  
Centre**